PRESENTATION OPTIONS by Al Condeluci, PhD

Know that there are amazing options for training and individual/organizational enhancement. Here are some topics that can stand alone or be blended to achieve your training goal. All of these topics can be presented in a web-based format and have power point and handouts to supplement. Next steps and contact information is at the end of this document.

- <u>Cultural Shifting: Understanding Community and Social Capital</u> This
 presentation, taken from work on my book, explores the elements of culture and
 community in thinking about change and leadership. Designed for all levels of
 staff, family members and advocates this presentation introduces the element of
 culture, focuses the potency for change within these elements, and then offers
 strategies to implement "cultural shifting" in your own organization or life.
- 2. Why We Do What We Do: Bringing Back the Passion in Our Lives The work done in human services and community building is often routine and repetitive. If we focus on just the work, energy can give way to mediocrity. This animated presentation will re-examine the roots and background of our work. The history of how people with disabilities have been treated will be explored and ways we can rekindle our passions for inclusion and community will be offered.
- 3. <u>Communications: The Problem and the Answer</u> Regardless of where we find ourselves in the scheme of things one thing is certain; we will be more successful (or unsuccessful) based on how well we communicate with others around us. This interactive presentation will explore the basics of communications and then offer ways we can communicate more effectively.
- 4. <u>Building Community from the Inside Out</u> The challenge of inclusion rests with not only understanding culture and community, but also finding ways within the culture for meaningful participation. Historically, people with disabilities have been kept apart from community. This exclusion has set a tone for the greater community that people with disabilities are better off in their own space. This presentation takes an active look and community and relationships with an effort toward building a community where each belongs.
- Interdependence: The Route to Community The key to life (or community) success is found not in specific strategies, but in building strong natural relationships. This session looks at the elements of Interdependence, how relationships grow and develop and how we all can get better at making them happen in our lives.
- 6. <u>Beyond Difference</u> Often the differences we have from one another can be huge barriers to life or community success. These differences can range from physical to cultural to cognitive. In some ways, the step stone to achieving the goals we have set for our organizations or ourselves are found in getting beyond the differences that can push us apart. This session examines the sociological elements of difference and how we can find our commonality to bond us in action.
- Change, Challenge and Opportunity Change is a paradoxical issue that can keep us confused. Although our instincts are to resist, the one thing we can count on is that change will occur. This interactive session looks at the elements of change, why resistances occur and how we can get in front of the change process.

- <u>Advocacy and Change</u> Pulled from my book "<u>The Macro Change Handbook</u>" (2015), this presentation explores the aspects of advocacy. For self-advocates, people advocating for another or professional advocates the key aspects of power, change and strategies are explored.
- <u>Together is Better</u> Taken from my book of the same title (2008), this presentation explores relationship building, the gatekeeper concept, basic elements of human relations and the notions of bridging and bonding social capital.
- How Organizations Behave This session builds from my 25 years of teaching organizational theory at the undergraduate and graduate level. Organizations, like people have unique characteristics and this session looks at how organizations can be successfully influenced.
- <u>Creativity</u> All people have a natural penchant for creativity. Unfortunately, the demands of life and routines that we fall into can stunt us into mediocrity. This interactive session looks at the stages of creativity and offers strategies for building our creative abilities.
- 12. <u>Power through Groups and Teams</u> All research on outcome success is convincing that groups and teams are much more potent than individuals alone. This session explores the elements of teambuilding and ways that groups and teams can be more functional.
- 13. <u>Human Relations</u> All success in life comes back to our basic ability to relate to people in our world. This session takes a close look at the human relations process using Stephen Covey's model. Interactive exercises are used to help not only understand who we are, but get a clearer sense of others.
- 14. <u>Strategic Planning and Building Culture</u> This session is designed for organizational enhancement and focuses on the best route to strategic planning that will fortify your culture.
- 15. <u>Social Capital</u> For the past 60 years, researchers have been exploring the power and potency of social capital. This interactive session looks closely at research on social capital and identifies ways and means to building more viable relationships in our lives.
- Measuring Social Capital This advanced session is an interactive look at the Saguaro Seminar Survey and other ways and means to measure and chronicle civic engagement and social capital.
- 17. <u>Human Sexuality</u> One of the biggest areas of challenge in human services is dealing with human sexuality issues. All of us are sexual beings and there is a natural drive to this area. This presentation looks at human sexuality, clearing up myths and making suggestions for supporting clients in this area.
- Ethics and Social Capital All of us are interested in seeing a more ethical culture. In these settings, there is greater tolerance, honesty, and respect. This session shows how social capital impacts ethics.
- <u>Culture Change</u> Historically, systems have been driven from an institutional model that is often patronizing and mechanical. New thinking has looked closely at how the culture might shift in services and change into a more home-like and community perspective. This presentation explores the aspects and elements of culture change.
- 20. <u>The Power and Potency of Social Capital</u> Relationships are more critical to a person's life than we often realize. This session defines and explores social capital, its benefits and component parts. Participants will also come to understand the key steps and stages to building social capital.

- 21. <u>Organizing for Social Change</u> Taken from the works of the great organizers, this session focuses on organizational steps and stages in identifying issues, mobilizing people, forging a position, and then tactics for making change happen.
- 22. <u>Transition from School to Community</u> Students who have disabilities are entitled to experience school up to age 21. At this point, it is expected that these students can leave the school and enter the greater community. Unfortunately, for many students, in spite of active transition efforts, these students never full assimilate and are often stuck at home. This session will explore the important community elements and offer families, teachers and advocates tangible ideas for building community opportunities.
- 23. Seminar for Leaders and Supervisors Often when an organization makes a commitment to shift its approach from micro (focus on individual) to macro (focus) on the community, unique challenges unfold for leaders and supervisors. We are often so used to management from a micro perspective that clear mistakes are made in leading the shift. This session will look closely at supervisory challenges and suggest ways and means to be more of a "coach" in organizational transformation.
- 24. <u>Why We Do What We Do</u> Most of our programs and services were developed from very powerful values and beliefs. Families and advocates have started agencies so that vulnerable people could lead valued, dignified lives. As time has marched on, many of the new folks in our field have no real "feel" for this original purpose. This session looks closely at why our organizations were formed in the first place. With videos and stories, folks are reminded of not only why, but begin to think about how we can achieve the goals and objectives in a new day.
- 25. <u>Community Engagement</u> This session is designed for generic community members and leaders. It focuses on how a more inclusive community is better for all members. Participants develop a "blueprint" of what they should, could, and will do to build a community for all.
- 26. <u>Macro Change</u> There are 2 major tracks to promoting community change. One is formal, the other, informal. This session explores both tracks and introduces strategies and tactics for both.
- 27. <u>Building The Social Infrastructure</u> The key to successful community engagement is dependent upon a hospitable social infrastructure. We can help lead people we support to community, but to truly be accepted there requires that the community venue be welcoming. This session looks at ways and means we can help soften the social infrastructure of our communities.
- 28. <u>Community Mapping</u> To truly understand community options require that we have a viable picture of our communities. The process of exploring our communities is found in the community mapping process. This session explores ways and means to get a handle on the communities we provide services in.
- 29. <u>Loneliness and Social Isolation</u> Thought leaders around the world are convinced that a key challenge for their citizens is the notion of social isolation and loneliness. The realities of loneliness and isolation ripple into key problem areas found in any society. This session explores what we know about social isolation and loneliness, and offers ideas and strategies from around the world in ways to lessen these challenges.
- 30. <u>Measuring Loneliness</u> In 1968, UCLA initiated an effort to measure loneliness. The results of their work led to the creation of a tool, "The UCLA Loneliness Scale." This document, available in the public domain, rates 20 questions using a 4-point Likert Scale and yields a score. This session

introduces the audience to this tool and has participates take the scale and learn ways they can use the scale to explore loneliness in their target audience.

Fee: Daily and multiple day fees available upon request

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